

## HEALTHY LIVING GROUP

### MINUTES OF MEETING ON 4<sup>TH</sup> JULY 2017 AT 7.30pm AT METHODIST CHURCH

**Apologies:** Carlie Karakusevic, Mike Goldsmith, Roos Allsop, Arthur Tatchell, Wendy Bristow

**Present:** Mary Hampson, Eddy Stephenson, Fran Edwards, Ros Hearn, Jenny Charlton, Elaine Cawthraw, Keith Lambert.

**Minutes of last meeting:** Proposed by Fran, seconded by Jenny.

**Matters arising (not on agenda):** Eddy will contact the Health and Wellbeing hub in Teignmouth. Elaine has approached Tesco's who gave us a phone so that people can contact us with general enquiries. The phone number will be added to the HLG poster. **Someone** will need to take responsibility for the phone.

The Beetle Drive will be on 25<sup>th</sup> November 2017.

#### Updates:

- There will be a window display in the post office about the Dementia Friendly Village. To register as a Dementia Friendly Friend and receive a badge and explanatory booklet go to [www.dementiafriends.org.uk](http://www.dementiafriends.org.uk). Your interest can be posted on Facebook. This needs to be promoted through village organisations.
- Defibrillators: Three of the defibrillators are on the SW ambulance listing. The fourth defibrillator has been installed at The Elizabethan at Luton but has not been commissioned yet. A date and time for this needs to be set.
- Bishopsteignton Care Watch: Following a concern by a gentleman volunteer about the need for DBS checks, this was investigated. When we set up the scheme we were advised that they were not needed if we wanted to go ahead on a trust basis. The police checked the coordinators of the scheme as part of joining Ourwatch. It was confirmed by the DBS office that DBS checks are not mandatory and the local Neighbourhood Watch office run by the police confirmed that we need not carry out checks. It was decided that we would continue to operate on a trust basis but if anyone wanted to be checked and would feel more confident if this was done, we would pay for and arrange a check through Kingscare. Concern about the need for clear parameters for BCW was raised as we had decided at a previous meeting that hospital visits were not part of our remit. The coordinator needed to be clear about what people could expect from the scheme. It was decided that VIH should be the first port of call for people needing a lift to hospital. This does not stop those volunteers who are willing to take people out of the village to hospital making individual arrangements.
- TrimTrail: No progress.
- CIO: The Charities Commission are having difficulties with processing the applications currently and therefore there will be a delay in our receiving CIO status.

**Village Festival:** There were three demonstrations of CPR during the Festival. The marquee was in a good position and raised the profile of the HLG in the village. Lewis Myers, a first aid trainer came forward to offer his services to run training sessions. When we have CIO status we will apply for a

Lottery grant to buy apparatus for demonstration and practice of CPR. Three more volunteers came forward and will be contacted.

Better signage would be beneficial if there were a further event.

**AOB:** Bishopsteignton Memory Café is now part of Devon Memory Café Consortium. They have received Lottery funding for training and will achieve a QS. Whilst each memory café is independent the Memory café is now on a formal footing.

We support unanimously the idea of a landing site for Devon Air Ambulance at Michaels Field and **Eddy** will send an email to Bishopsteignton Parish Council to that effect..

**DATE OF NEXT MEETING: 19<sup>TH</sup> SEPTEMBER 2017 AT 7.30pm at THE METHODIST CHURCH**