

MINUTES OF HEALTHY LIVING & WELLBEING GROUP MEETING

November 21st 2017

Apologies: Roos Allsop & Carlie Karakusevic.

Present: Fran Edwards, Alison Prestt, Eddy Stephenson, Keith Lambert, Elaine Cawthraw, Mike Goldsmith, Jenny Charlton, Ros Hearn, Jacqueline Pester & Mary Hampson.

Minutes: The minutes of the previous meeting on September 19th were accepted as a true record. Proposed by Fran and seconded by Keith.

Eddy welcomed Jacqueline Pester, Co-ordinator of Bishop Care Watch, as a new member of HLG.

Matters arising: None other than those included in the meeting agenda.

Meeting items:

1. COI update: Keith reported that this only needed the approval of 2 remaining trustees. Once their approval has been indicated the COI governing body will grant HLG the status of COI {*This has since been done!*} The amended constitution for COI status will then be put forward for acceptance at the AGM on January 9th.
2. Dementia Friendly Village: Alison reported that she had made contact with the Dementia Friendly Communities for the South West and had received information on creating a DFV including a Code of Practice. Alison also spoke of a project “Side by side” that would help with volunteer training and she is hoping to arrange an informative session on Dementia Awareness which could also, if possible, include specialist areas such dementia awareness for young people. This would work well with a proposed programme being devised for Scouts & Beavers. Eddy suggested the date of Wednesday March 14th as a possible training session on Dementia Awareness in the village.

There are a growing number of research projects now looking at dealing with Dementia. Alison talked of the Filo Project in Exeter which uses structured music sessions. Mary also reported that the Bishop Memory Cafe will be participating in a scheme run by Literature Works, based at Plymouth University, which uses poetry in a similar way.

3. Defibrillators: Eddy reported that as of 20th November the defibrillator at the Elizabethan Inn in Luton is fully commissioned. There will be training courses for all 4 defibrillators in the parish in the new year. 3 sessions are planned – one in an afternoon and 2 in the evening. HLG have agreed to fund the purchase of 2 training defibrillators ready for these sessions.

There have been some problems with accessibility to the defibrillator at the Pre-School but these are now being addressed.

4. Care Watch: Ros has enquired about insurance cover if people are taken outside the village and has discovered that our Public Liability will cover Care Watch volunteers taking people outside the village. However, this covers negligence but not car insurance which will depend on the car insurance policy of the volunteer. It was stated again that Care Watch will cover trips to Teignmouth doctors and hospital, Dawlish hospital, Kingsteignton doctors and Newton Abbot hospital and doctors surgeries. However, it should not include Torbay or Mount Stuart hospitals. Again it was emphasised that all requests for Care Watch drivers should go through the co-ordinator.
5. Trim Trail: Keith informed the meeting that, during Hazel's illness, Chris Grimshaw is to take over matters concerning the maintenance of the Trim Trail.
6. Beetle Drive: Thanks were given to Jenny for her hard work in preparing for the Beetle Drive that unfortunately had to be cancelled this time due to lack of ticket sales. Jenny hopes to organise this again next year, perhaps in the spring/early summer which might be better for people.

AOB: i) Eddy reported that Chapel's coffee mornings in the Methodist Church on Mondays and Thursdays had proved very popular and successful.

ii) Pharmacy2U: People reported that yet again this company had targeted addresses in Bishopsteignton in a mail shot. Alison said that despite the official look to the leaflets and the NHS logo on the envelope, it was not a scheme sanctioned either by her pharmacy or by the surgery. Eddy said he would issue a statement about pharmacy2U on the village website.

iii) Mary reported that thanks to the generosity of the Dartmoor Vale Rotary the Cafe had a successful outing to Dartmoor at the end of September with a lovely cream tea in Widecombe. There is also promise of a generous donation from the organisers of the village website towards the

Memory cafe Christmas lunch at Cockhaven on December 11th. The generosity of members of the Bishopsteignton community is greatly appreciated.

Next meeting AGM at the Methodist Church on January 9th at 7.30 pm

Meeting closed at 9 pm