

MINUTES OF HEALTHY LIVING & WELLBEING GROUP MEETING

September 19th 2017

Apologies: Ros Hearn, Roger Hunt, Elaine Cawthraw, Jenny Charlton & Mike Goldsmith

Present: Carlie Karakusevic, Fran Edwards, Alison Prestt, Eddy Stephenson, Keith Lambert, Roos Allsop & Mary Hampson.

Minutes: The minutes of the previous meeting on July 4th were accepted as a true record. Proposed by Fran and seconded by Keith.

Matters arising: i) The Health and Wellbeing Hub in Teignmouth have been in touch with Jacqueline Pester who will keep HLG informed of discussions and decisions made in the future that concern Bishopsteignton.

ii) Devon Air Ambulance: Planning is proceeding with the Parish Council concerning the provision of night time landing facilities at Michael's Field. Sources of funding to support this are also being researched.

Meeting items:

1. Dementia Friendly Village: Alison informed the group that there was a meeting in August to discuss moving this forward. Those attending were Alison, Elaine & Mary from HLG plus Jacqueline Pester, co-ordinator of Care Watch and Richard Moore, manager of Bishops Court retirement complex. In order to encourage residents of the village to become Dementia Friends there is now a dedicated email address – bishopdementiafriends@gmail.com – and a Facebook page has also been set up. There have already been several requests to be involved in this project as a result of these two actions. It was suggested that DFV should be linked through as many sources as possible e.g. the village website. Alison has also contacted the Alheimers Society about arranging training courses for DFV volunteers.
2. Defibrillators: Eddy informed the group that the 3 defibrillators in the village are up and running but although the one at The Elizabethan is in place it is not as yet in commission.
3. Trim Trail: Keith reported that the Parish Council are awaiting the Maintenance Plan so that they can discuss the Trim Trail more fully. On election day the plans for the Trim Trail were displayed in the Community Centre and 45 post-it notes were left on it; all but 2 were very supportive of the idea.

4. COI status: The application for COI status had been submitted to the Charity Commissioners who had queried the exact nature of some of the objectives of the Bishopsteignton Health & Wellbeing Group. The word “wellbeing” was deemed to be too vague so a decision was made to change the name simply to Healthy Living. There was some discussion as to how the objectives could be clarified and covered areas such as training for the defibrillators and expansion of the Dementia Friendly Village project including training for volunteers. It was felt that demographic statistics for the village might assist our application. Keith has to resubmit the application by October 5th and he asked for any further ideas to be sent to him by the end of September 24th.
5. Arrangements for Care Watch meeting on 26th September: Volunteers of Care Watch have been invited to attend this meeting at the Methodist Church on Tuesday 26th September at 7 pm. Fran and others will provide the tea/coffee & biscuits and the idea is firstly to thank the volunteers for their work up to now and then to discuss future plans and developments of the Care Watch system. People who are not already volunteers are welcome to come and contribute to this discussion.

AOB: i) Carlie confirmed that flu jab day in Bishopsteignton is Monday 9th October 2 – 6 pm. Coffee and teas will be available in the Methodist Church for those attending this session. This could be an opportunity to display material showing the working of HLG.

ii) AGM. The date of this was fixed for January 9th 2018 in the Methodist Church. Eddy will contact the parish magazine at the beginning of November to advertise the AGM.

iii) Beetle Drive. Jenny had sent a message that the date for this had been changed from 25th November to 18th November in the Community centre. She will be producing posters for this event on her return.

iv) Memory Cafe. Mary reported that the Memory Cafe will be having an outing to Dartmoor on Wednesday 27th September. The Kingscare minibus will be used and the outing will finish at Widecombe with a cream tea before driving back. Thanks were given to the local Rotary who have offered to pay the cost of this outing.

Next meeting 14th November 7 pm at the Methodist Church

Meeting closed at 8.50 pm

