

MINUTES OF HEALTHY LIVING & WELLBEING GROUP AGM

10th JANUARY 2017

Apologies: J. Charlton, A. Williams, K. Lambert, A. Tatchell, R. Hunt, C. Karakusevic, A. Prestt & A. Roos.

Present: E. Stephenson, M. Hampson, F. Edwards, E. Cawthraw, M. Goldsmith & R. Hearn

Minutes: The minutes of the previous AGM held on January 12th 2016 were accepted as a true record. Proposed by E. Cawthraw and seconded by F. Edwards.

Chairman's Annual Report 10 January 2017. (Eddy Stephenson)

2016 has proved to be another progressive and interesting year for the Bishopsteignton Healthy Living Group.

Our 2016 AGM was well attended and provided the official launch platform for Bishopsteignton Carewatch. It was also staged against a backdrop of ongoing works to create a new Doctors' Surgery from the Methodist Hall.

Carewatch has provided a facility in our Village supporting anyone who need help in the areas detailed in the leaflet. Our inaugural co-ordinators have moved on and we are grateful that new folk have stepped forward with renewed energy to take on the roles. While the overall development has not been rapid, it has been steady and those people assisted have been generous with their comments in some cases, finance. Numerous folk have been involved but I would like to highlight the work of Fran & Ros in taking this forward

The most heralded event of 2016 was the official surgery opening in May. After several false starts over a number of years the new surgery has received numerous excellent comments and most important of all remains a prime asset to Bishopsteignton. Media reports from other rural locations suggest we are one of a fortunate few to retain this local facility.

Progress toward making Bishopsteignton a Dementia Friendly Village continues and will I'm sure move ahead further during 2017. The presentation by Norms Macnamara in March was well attended providing an indication of the receptiveness within our village. Mary will update us in a few minutes of how the Memory Cafe has progressed.

November saw the second village defibrillator commissioned on the Pre-School Playgroup building at Horns Park. After initial disappointing responses the new facility will provide enhanced cover to the village school, the pre-school and activities on the village green. For a second time our village owes a debt of gratitude to a generous anonymous donation.

Discussions continue to develop plans for a Trim Trail at Lawns End. Costings have been requested and with the support of BPC a start is possible in 2017. A donation of £600 has been received from the Bishopsteignton Enhancement Fund to be used specifically for this project.

Keith is beavering away to establish HLG as a CIO (Charitable Incorporated Organisation) that will provide a vehicle to raise money to be spent in the enhancement of and healthy living benefit of our village.

The development of a new Emergency Plan for our village is underway that will review the earlier document and produce a revised programme for use should an emergency occur in Bishopsteignton.

HLG are not directly involved however I am part of the development group and will involve HLG should the plan require.

I do not anticipate 2017 attracting the level of external interest generated in 2016 by the surgery activity, however the plans for other areas that I have mentioned earlier will certainly keep us busy.

As I have said before, this group holds no hidden agendas and exists for the benefit of the residents of Bishopsteignton. My personal thanks and appreciation to everyone who has worked with and supported me in leading its aims in 2016.

Secretary's report: Mary Hampson reported back on the position of the Bishopsteignton Memory Cafe over the past 12 months.

This is our third year as a Memory Cafe under the auspices of HLG. As is the nature of an organisation such as this, numbers vary as some clients move on and then new ones join. Generally we have about 20 attending our monthly sessions and these are clients and their carers plus a few who come simply for the company. We also have a good number of excellent volunteers who attend and run the sessions. Our activities have covered a variety of topics including reminiscences, games, music/singing, exercise as well as an excellent talk on home safety by the fire brigade. We have also had an outing to China Blue in Totnes where we enjoyed decorating plates. There was also a cream tea in August and our Christmas lunch in December, both at Cockhaven. Despite a change in management, Cockhaven continues to be very generous in its support of the Memory Cafe.

We are now part of the newly established Devon Memory Cafe Consortium which will represent all the independent memory cafes in Devon when dealing with funding issues as well as providing courses on First Aid, Food Hygiene & Dementia Awareness Training. These courses are needed in the running of memory cafes but would be uneconomical for individual cafes to organise. The consortium will also provide a network of support especially for volunteers in memory cafes. Thanks go to David Light for setting up this consortium.

Bishopsteignton Memory Cafe remains financially secure thanks to generous donations over the last year from Bishopsteignton Business Society, Teignbirdge Councillor's Charity Fund (thanks to Cllr Tim Golder) and from individual donations.

At a committee meeting last week the officers for the next year were elected and cover ensured for my absence from March until June and the committee was extended to include our three most recent volunteers. We will be holding an Open Day at our memory cafe session on February 20th (10.30 – 12.00) in the hope that local people will come to see exactly what goes on in a memory cafe and join us for refreshments. A notice to this effect will appear in the next Parish Chronicle.

Mary Hampson (Co-ordinator)

Treasurer's report: (Jenny Charlton)

Date	Description	Money Out	Money In	Balance
				907.00
09/02/2016	Cheque for Chairman for Expenses Incurred	65.00		842.00
17/06/2016	Cheque from Mrs Overill		50.00	892.00
09/11/2016	Cheque from Bishopsteignton Enhancement Group		600.00	1492.00
	Closing Balance			1492.00

Election of Officers: The following people were re-elected for a further year without opposition.

Chair	Eddy Stephenson	Nominated by R.Hunt Seconded by F. Edwards
Secretary	Mary Hampson	Nominated by E. Stephenson Seconded by K.Lambert
Treasurer	Jenny Charlton	Nominated by K. Lambert Seconded by M. Hampson

Report on Dementia Friendly Village A. Prestt

Dementia Friendly Village this year has focused on awareness of dementia and what it means to the person & their families and how we can support people with dementia. In March we welcomed Norman McNamara 'Norms' a gentleman diagnosed with dementia at the age of 50 years. He gave us a heart warming and amazing insight into living with dementia. The meeting was well attended with over thirty people coming. Later on in the year we reached out to businesses in the community to increase awareness in shops and community venues. Our work will continue with small steps. Maybe my imagination, but I have heard less 'jokes' / 'flippant comments' relating to dementia & memory loss, so perhaps the message is getting through!

Report on CIO status & Trim Trail K. Lambert

CIO - Application should be emailed to prospective Trustees next week for approval.

Trim Trail - We have a quote, but it needs clarifying and I am pursuing 2 others but people are so busy it is becoming somewhat frustrating.

AOB:

1. The possibility of a further demonstration of the defibrillator at the Village Festival in June was raised. R. Hearn is to follow this up.
2. M. Goldsmith proposed a general vote of thanks for all those that had contributed to the successful outcome for projects in 2016.
3. A suggestion was forwarded that it would be helpful, especially to older people, if there could be a box at the bottom of the driveway leading to the surgery where requests for prescriptions could be left. Eddy will talk about this to the Practice Manager.

The AGM closed at 8.05.