

MINUTES OF HEALTHY LIVING & WELLBEING GROUP MEETING

MAY 17th 2018

Apologies: Wendy Bristow & Andy Davies

Present: Ann Meyrick, Carlie Karakusevic, Ros Hearn, Jacqueline Pester, Jenny Charlton, Keith Lambert, Alison Prestt, Elaine Cawthraw, Eddy Stephenson, Fran Edwards, Roos Allsop & Mary Hampson.

Eddy reported that Mike Goldsmith has resigned from the group because of time issues but he wishes to remain in contact. Our thanks to Mike for all his contributions over the years.

Minutes: The minutes of the previous meeting on February 13th 2018 were accepted as a true record. Proposed by Carlie. Seconded by Elaine.

Matters arising: None other than those covered in the meeting's agenda.

Dementia Friendly Village: Discussion took place concerning the three websites Carlie had found that could be useful for general dementia awareness. It was felt that using these as starting points we should be able to create something that would be of use for our talks to small groups, taking care to adapt the statistics to fit our scenario. As well as this, Elaine had tried to see the headteacher of the Primary School but had been unable to do so as yet. It was agreed that a lively presentation would be needed for any awareness raising among the children and it was suggested that perhaps James Day of Bishop Players might be a suitable person to deliver this. Keith is to approach him. As far as adults were concerned the following groups were identified as possible targets: WI, Gardening Club, Probus, Dartmoor Vale Rotary, Parish Council & the Art group. Roger Gallagher of Bishop Players had suggested that the Players might be happy to put on a play on the topic of dementia awareness.(Keith to approach John Patten). The target date for these presentations is to be October. Therefore this will be a main agenda item for the next meeting.

Trim Trail: Money allocated by Teignbridge for this project is being held by the Parish Council on behalf of HLG. Teignbridge is aware of the siting issues and therefore are not pushing to know why this money hasn't yet been spent. We are currently awaiting the Parish Council maintenance plan before further progress can be made.

Care Watch: The emphasis of Care Watch has changed slightly over recent weeks as there are currently three people with ongoing needs being dealt with by Care Watch. Jacqueline Pester, the co-ordinator, reported that at the moment there is a lack of drivers so she will produce an advert for these that can be placed in the Parish Chronicle, Bishop Banter, FaceBook and the village website.

Finance: Jenny reported that as a COI HLG will stay with the Coop Bank but the name of the account will change accordingly. Three signatories will be required for the signing of cheques.

AOB

- i) There was concern expressed at discussions currently being held concerning future plans for Teignmouth Hospital and Doctors' Surgery Hub. Carlie explained the ideas involved. At present doctors' surgeries in Teignmouth are in old premises that lack scope for expansion. This could cause a problem within the next 5 years or so. The majority of GPs across the town are over 50 and there could be a problem with recruitment. Modern up to date premises could help relieve this problem as well as providing improved facilities for patients. All 3 medical practices are united in expressing the need for new premises. At the same time CCG and Torbay hospital are looking to review community services in the area, looking more closely at integrated care. Therefore it seemed sensible to look at this together with the issue of the surgeries. A number of sites have been considered so far using a range of criteria to ensure the site is fit for purpose. To cater for all practices and community services a large site would be needed and the issue of parking would also need to be considered. This has led to 2 sites being deemed suitable – East Cliff car park and the existing Teignmouth hospital site. Therefore discussion is being centred on these two sites at this stage.

Carlie stressed that these plans would in no way affect satellite surgeries such as the one in Bishopsteignton. The three Teignmouth practices would remain separate practices sharing a building in the town.

Engagement continues until June 8th so there is still opportunity to give feedback on questionnaires at the surgery premises or on the CCG website.

- ii) A Coastal Wellbeing Day is being held at the Pavilions in Teignmouth on 29th/30th September. This will include stalls showcasing services and provide an opportunity to recruit volunteers.
- iii) Keith raised the idea of having “A Healthy Tip of the month” in the Parish Chronicle, giving a short detail on improving general public wellbeing. Eddy said he would be willing to co-ordinate this and send the monthly tip for publication.
- iv) Memory Cafe: Mary reported that the newly created “Singing for Memory” that takes place at the Cockhaven on the 4th Thursday of the month 2.30 – 3.30 had started well and was enjoyed by those attending, However, she hopes that someone other than her will come forward to lead this. “Singing for memory” is in addition to the Memory cafe that meets on the 3rd Monday of the month.

Meeting closed at 9 pm.

Next meeting: 26th July 7.30 pm at the Methodist Church.